

Träningsorientering Östnor 25 augusti 2016

Bana

| | | | | |
|---|------------------------|----------|----------|----------|
| N | Ida Johansson | 17:44:00 | 18:09:09 | 00:25:09 |
| N | Eva Mattsson | 17:44:00 | 18:09:10 | 00:25:10 |
| N | Frida Brudin | 17:51:00 | 18:17:40 | 00:26:40 |
| N | Olof Eriksson | 17:51:00 | 18:17:41 | 00:26:41 |
| | | | | |
| K | Thea Sjösten Andersson | 18:09:30 | 18:31:10 | 00:21:40 |
| K | Bengt Andersson | 18:09:30 | 18:31:11 | 00:21:41 |
| K | Maffe Frost | 18:20:00 | 18:43:55 | 00:23:55 |
| K | Simon Karlsson Holmer | 18:18:00 | 18:43:30 | 00:25:30 |
| K | Sebastian Åkärbjär | 17:42:30 | 18:08:30 | 00:26:00 |
| K | Simon Hodler | 17:42:30 | 18:08:31 | 00:26:01 |
| K | Pia Frost | 18:21:30 | 18:49:00 | 00:27:30 |
| K | Monica Holm | 18:10:30 | 18:44:00 | 00:33:30 |
| K | Lena Rask | 18:29:30 | 19:03:10 | 00:33:40 |
| K | Lars-Erik Tjäder | 17:57:00 | 18:32:15 | 00:35:15 |
| K | Bengt Holm | 18:08:30 | 18:48:00 | 00:39:30 |
| K | Ivar Lissmyr | 17:50:00 | 18:31:00 | 00:41:00 |
| K | Jenny Meyer | 18:03:00 | 18:46:15 | 00:43:15 |
| K | Stefan Ahron | 18:03:00 | 18:46:15 | 00:43:15 |
| K | KEA | 18:28:00 | 19:13:10 | 00:45:10 |
| | | | | |
| M | Lena Karlsson Holmer | 18:14:00 | 18:52:17 | 00:38:17 |
| M | Kane | 18:17:30 | 19:03:43 | 00:46:13 |
| M | Deborah Stadler | 17:47:00 | 18:36:06 | 00:49:06 |
| M | Eva Pettersson | 18:23:30 | 19:17:47 | 00:54:17 |
| M | Anders Öberg | 18:00:00 | 18:54:25 | 00:54:25 |
| M | Arne Holmer | 17:54:30 | 18:49:10 | 00:54:40 |
| M | Sara Hodler | 17:42:30 | 18:37:20 | 00:54:50 |
| M | Stig Sisell | 17:52:00 | 18:50:10 | 00:58:10 |
| M | Marie Rapp | 17:35:30 | 18:37:10 | 01:01:40 |
| M | Sara Lissmyr | 17:50:00 | 18:56:35 | 01:06:35 |
| M | Elisabeth Åkärbjär | 17:37:03 | 18:50:00 | 01:12:57 |
| | | | | |
| L | Edvar Larsson | 17:50:00 | 19:38:40 | 01:48:40 |
| L | Niklas Broberg | 17:50:00 | 19:38:40 | 01:48:40 |