

# Resultat – Motionsorientering 200618

2020-06-18

Lång		(2 / 2)	Tid	Efter	Bomtid		
1.	Ola Svahn	IFK Mora OK	43:31		00:26		
	3:15 (3:15)	2:41 (5:56)	2:24 (8:20)	3:38 (11:58)		1:27 (13:25)	1:36 (15:01)
	1:26 (16:27)	1:48 (18:15)	1:43 (19:58)	2:38 (22:36)		2:19 (24:55)	4:39 (29:34)
	2:55 (32:29)	3:43 (36:12)	2:19 (38:31)	3:14 (41:45)		1:03 (42:48)	0:43 (43:31)
2.	Per Holm	IFK Mora OK	45:28	+1:57	01:01		
	3:14 (3:14)	2:43 (5:57)	2:46 (8:43)	3:39 (12:22)		1:14 (13:36)	1:35 (15:11)
	1:32 (16:43)	1:58 (18:41)	1:41 (20:22)	2:38 (23:00)		2:22 (25:22)	4:12 (29:34)
	3:04 (32:38)	4:08 (36:46)	2:32 (39:18)	3:48 (43:06)		1:37 (44:43)	0:45 (45:28)
Mellan		(11 / 11)	Tid	Efter	Bomtid		
1.	Tony Karlsson	IFK Mora OK	34:58		00:35		
	1:59 (1:59)	1:32 (3:31)	1:53 (5:24)	1:49 (7:13)		2:39 (9:52)	3:03 (12:55)
	2:50 (15:45)	4:16 (20:01)	1:31 (21:32)	4:04 (25:36)		2:48 (28:24)	3:48 (32:12)
	2:02 (34:14)	0:44 (34:58)					
2.	Björn Albinsson	IFK Mora OK	39:45	+4:47	01:17		
	1:59 (1:59)	1:34 (3:33)	2:31 (6:04)	1:57 (8:01)		3:23 (11:24)	3:50 (15:14)
	3:35 (18:49)	4:54 (23:43)	1:57 (25:40)	4:09 (29:49)		3:06 (32:55)	3:43 (36:38)
	2:19 (38:57)	0:48 (39:45)					
3.	Majt Eriksson	IFK Mora OK	45:49	+10:51	03:42		
	2:15 (2:15)	1:12 (3:27)	3:07 (6:34)	2:06 (8:40)		3:11 (11:51)	4:13 (16:04)
	5:01 (21:05)	4:43 (25:48)	2:20 (28:08)	5:23 (33:31)		3:35 (37:06)	4:47 (41:53)
	3:05 (44:58)	0:51 (45:49)					
4.	Anders Öberg	IFK Mora OK	46:46	+11:48	06:32		
	5:25 (5:25)	1:32 (6:57)	2:14 (9:11)	2:06 (11:17)		4:19 (15:36)	2:48 (18:24)
	3:41 (22:05)	4:50 (26:55)	2:29 (29:24)	5:38 (35:02)		4:08 (39:10)	4:05 (43:15)
	2:44 (45:59)	0:47 (46:46)					
5.	Heinz-Eric Develius	IFK Mora OK	50:12	+15:14	03:12		
	2:28 (2:28)	1:20 (3:48)	2:42 (6:30)	2:49 (9:19)		3:21 (12:40)	4:09 (16:49)
	4:02 (20:51)	7:44 (28:35)	2:55 (31:30)	5:33 (37:03)		4:37 (41:40)	4:35 (46:15)
	2:54 (49:09)	1:03 (50:12)					
6.	Gunnel Rask	IFK Mora OK	51:06	+16:08	02:20		
	2:50 (2:50)	1:35 (4:25)	2:48 (7:13)	2:49 (10:02)		3:59 (14:01)	3:15 (17:16)
	4:17 (21:33)	6:39 (28:12)	3:25 (31:37)	6:19 (37:56)		4:14 (42:10)	5:03 (47:13)
	2:57 (50:10)	0:56 (51:06)					
7.	Pär Wikström		51:41	+16:43	11:43		
	2:08 (2:08)	0:58 (3:06)	2:32 (5:38)	2:36 (8:14)		3:06 (11:20)	3:07 (14:27)
	3:34 (18:01)	4:53 (22:54)	9:38 (32:32)	7:19 (39:51)		3:29 (43:20)	3:56 (47:16)
	3:34 (50:50)	0:51 (51:41)					
8.	Anna Wikström		1:07:23	+32:25	20:15		
	1:57 (1:57)	1:11 (3:08)	2:48 (5:56)	2:40 (8:36)		3:38 (12:14)	9:18 (21:32)
	11:02 (32:34)	9:17 (41:51)	6:59 (48:50)	7:02 (55:52)		3:59 (59:51)	4:08 (1:03:59)
	2:41 (1:06:40)	0:43 (1:07:23)					
9.	Elisabeth Åkärbjär	IFK Mora OK	1:08:11	+33:13	13:49		
	5:41 (5:41)	2:03 (7:44)	3:50 (11:34)	2:56 (14:30)		3:36 (18:06)	5:47 (23:53)
	5:39 (29:32)	7:03 (36:35)	7:20 (43:55)	11:32 (55:27)		3:49 (59:16)	4:58 (1:04:14)
	3:05 (1:07:19)	0:52 (1:08:11)					
10.	Conny Eriksson	IFK Mora OK	1:22:03	+47:05	14:50		
	3:27 (3:27)	4:52 (8:19)	3:27 (11:46)	4:00 (15:46)		4:37 (20:23)	6:18 (26:41)
	5:59 (32:40)	8:28 (41:08)	8:33 (49:41)	9:31 (59:12)		5:24 (1:04:36)	10:45 (1:15:21)
	5:50 (1:21:11)	0:52 (1:22:03)					
	Johan Trygg	IFK Mora OK	Felst.				
	2:19 (2:19)	1:02 (3:21)	2:31 (5:52)	6:08 (12:00)		5:10 (17:10)	– (–)
	– (30:20)	9:21 (39:41)	– (–)	– (–)		– (–)	– (–)
	– (42:05)	1:34 (43:39)					
Kort		(12 / 12)	Tid	Efter	Bomtid		
1.	Lena Karlsson Holmer	IFK Mora OK	33:56		03:42		
	1:49 (1:49)	1:14 (3:03)	1:57 (5:00)	2:44 (7:44)		4:11 (11:55)	1:13 (13:08)
	6:14 (19:22)	11:36 (30:58)	2:12 (33:10)	0:46 (33:56)			
2.	Ulf K. Rask	IFK Mora OK	41:32	+7:36	02:41		
	2:37 (2:37)	1:34 (4:11)	2:22 (6:33)	3:16 (9:49)		2:25 (12:14)	2:00 (14:14)
	8:41 (22:55)	15:47 (38:42)	1:47 (40:29)	1:03 (41:32)			
3.	Karl-Erik Andersson	IFK Mora OK	44:24	+10:28	03:07		
	2:40 (2:40)	1:44 (4:24)	3:16 (7:40)	3:15 (10:55)		2:47 (13:42)	1:56 (15:38)
	8:04 (23:42)	16:44 (40:26)	2:26 (42:52)	1:32 (44:24)			
4.	Sofie Karlsson Holmer	IFK Mora OK	45:22	+11:26	04:30		
	2:11 (2:11)	1:31 (3:42)	3:17 (6:59)	4:58 (11:57)		3:21 (15:18)	2:09 (17:27)
	7:49 (25:16)	16:31 (41:47)	2:02 (43:49)	1:33 (45:22)			
5.	Anders Romson	IFK Mora OK	53:56	+20:00	03:12		
	2:55 (2:55)	2:47 (5:42)	2:46 (8:28)	4:58 (13:26)		3:40 (17:06)	2:41 (19:47)
	10:35 (30:22)	19:34 (49:56)	2:39 (52:35)	1:21 (53:56)			

6.	Yngve Karlsson	IFK Mora OK	54:12	+20:16	05:18		
	2:41 (2:41)	2:08 (4:49)	3:30 (8:19)	6:46 (15:05)	3:00 (18:05)	2:55 (21:00)	
	9:45 (30:45)	19:54 (50:39)	2:21 (53:00)	1:12 (54:12)			
7.	Lasse Back	IFK Mora OK	56:28	+22:32	25:46		
	4:35 (4:35)	3:41 (8:16)	5:32 (13:48)	5:29 (19:17)	5:51 (25:08)	3:39 (28:47)	
	14:45 (43:32)	5:50 (49:22)	4:33 (53:55)	2:33 (56:28)			
8.	Bengt Holm	IFK Mora OK	58:15	+24:19	06:19		
	3:25 (3:25)	2:33 (5:58)	3:05 (9:03)	3:34 (12:37)	9:03 (21:40)	2:45 (24:25)	
	10:27 (34:52)	19:14 (54:06)	2:40 (56:46)	1:29 (58:15)			
9.	Lars-Erik Cederlöf	IFK Mora OK	1:01:07	+27:11	08:41		
	2:47 (2:47)	2:20 (5:07)	2:59 (8:06)	3:45 (11:51)	3:45 (15:36)	2:22 (17:58)	
	11:03 (29:01)	27:41 (56:42)	3:01 (59:43)	1:24 (1:01:07)			
10.	Annalie Erkersson	IFK Mora OK	1:09:27	+35:31	07:55		
	3:53 (3:53)	3:16 (7:09)	3:29 (10:38)	4:47 (15:25)	3:41 (19:06)	3:24 (22:30)	
	13:02 (35:32)	29:15 (1:04:47)	3:32 (1:08:19)	1:08 (1:09:27)			
11.	Siv Brodin	IFK Mora OK	1:10:58	+37:02	12:44		
	8:07 (8:07)	2:22 (10:29)	3:13 (13:42)	5:38 (19:20)	5:27 (24:47)	3:16 (28:03)	
	10:32 (38:35)	28:39 (1:07:14)	2:48 (1:10:02)	0:56 (1:10:58)			
12.	Lars-Erik Tjäder	IFK Mora OK	1:21:32	+47:36	10:20		
	3:38 (3:38)	4:03 (7:41)	4:16 (11:57)	4:41 (16:38)	5:11 (21:49)	3:36 (25:25)	
	15:07 (40:32)	33:09 (1:13:41)	5:36 (1:19:17)	2:15 (1:21:32)			