

Tränings OL 11/7-24 Gesunda

Svår

Placering	Namn	Start	Mål	Tid
1	Björn Kajs	15:53:00	16:58:00	01:05:00
2	Lena Karlsson Holmer	17:55:00	19:01:20	01:06:20
3	Anders Ohlin	17:32:00	18:45:20	01:13:20
4	Rickard Jemth IF Thor	17:31:00	18:44:40	01:13:40
5	Tord Norell	15:00:00	16:20:00	01:20:00
6	Per Jemth IF Thor	17:29:00	18:55:40	01:26:40
7	Erik Eriksson dä	16:28:00	00:00:00	DNF
7	Stefan Andersson	16:59:00	00:00:00	DNF

Medelsvår

Placering	Namn	Start	Mål	Tid
1	Tony Karlsson	18:01:00	18:33:30	00:32:30
2	Magnus Granlund	17:35:30	18:14:20	00:38:50
3	Karl Lund	17:10:30	17:56:00	00:45:30
4	Örjan Svan	17:12:00	17:59:00	00:47:00
5	Pia Frost	17:23:00	18:10:10	00:47:10
6	Elisabeth Öström	17:36:30	18:27:50	00:51:20
7	Ulf Rask	17:21:30	18:13:20	00:51:50
8	Kane Andersson	17:12:00	18:04:25	00:52:25
9	Conny Blomberg Dolff	17:22:00	18:17:50	00:55:50
10	Ann-Louise Almqvist	17:08:00	18:04:05	00:56:05
11	Gunnel Rask	17:19:00	18:20:30	01:01:30
12	Olof Öström	17:42:30	18:45:00	01:02:30
13	Maffe Frost	17:20:30	18:23:30	01:03:00
14	Hans Johansson	17:27:00	18:31:45	01:04:45
15	Ingemar Lind	17:26:00	18:31:00	01:05:00
16	Lena Henriksson	17:09:00	18:19:00	01:10:00
17	Lena Eriksson	17:17:00	18:44:30	01:27:30
18	Lars Ambrosiusson	17:21:00	00:00:00	DNF

Lätt

Placering	Namn	Start	Mål	Tid
1	Lennart Åkerström	17:20:00	18:15:00	00:55:00
2	Maria Eriksson x 3	18:09:00	19:05:00	00:56:00
3	KEA	17:20:00	18:19:30	00:59:30
4	Angelica Rask	17:18:00	18:18:30	01:00:30
5	Sofie Wuopio Kvarnström	18:03:00	19:06:00	01:03:00
6	Kristina Wuopio Kvarnström	18:03:00	19:06:00	01:03:00
7	Anders Claesson	17:23:00	19:10:00	01:47:00
8	Fredrik Wallin	17:23:00	19:10:00	01:47:00
9	Anna Vikström	17:16:00	00:00:00	DNF
9	Maria Ohlin	17:32:00	00:00:00	DNF