

Resultat – 25-mannaträning IFK Mora OK Del 1

2025-08-21

5,7 km - 1

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|------------------------|---------------------------|-------|--------|------|
| 1. | Raffael Huber Svensson | IFK Mora OK | 38:57 | | 0:00 |
| 2. | Adam Zridkavesely | TJ Spartak první brněnská | 39:10 | +0:13 | 0:31 |
| 3. | Johan Hamelius | OK Linné | 49:30 | +10:33 | 2:02 |

5,7 km - 2

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|----------------|-------------|-------|-------|------|
| 1. | Albin Berggren | OK Renen | 47:40 | | 2:29 |
| 2. | Daniel Duhlbo | IFK Mora OK | 48:09 | +0:29 | 2:13 |
| 3. | Edvin Eriksson | IFK Mora OK | 49:15 | +1:35 | 0:52 |

5,7 km - 3

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|-----------------|-------------|-------|--------|------|
| 1. | Erik Rost | IFK Mora OK | 40:31 | | 0:00 |
| 2. | Anders Sandberg | IFK Mora OK | 51:20 | +10:49 | 4:37 |
| 3. | Björn Kajs | IFK Mora OK | 56:57 | +16:26 | 7:00 |

5,7 km - 4

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|-------------------|-------------|--------|-------|------|
| 1. | Roman Ryapolov | IFK Mora OK | 41:08 | | 0:00 |
| 2. | David Rueedlinger | IFK Mora OK | 44:16 | +3:08 | 0:59 |
| | Anders Ohlin | IFK Mora OK | Felst. | | |

4,5 km - 1

(2 / 2)

Tid

Efter

Bomtid

- | | | | | | |
|--|---------------|-------------|--------|--|--|
| | Olof Eriksson | IFK Mora OK | Felst. | | |
| | Sixten Buud | IFK Mora OK | Felst. | | |

4,5 km - 2

(2 / 2)

Tid

Efter

Bomtid

- | | | | | | |
|----|--------------------|---------------------|-------|-------|------|
| 1. | Michaela Metelkova | TSM Kralovehradecko | 38:17 | | 0:00 |
| 2. | Leo Ryapolov | IFK Mora OK | 46:24 | +8:07 | 3:38 |

4,5 km - 3

(2 / 2)

Tid

Efter

Bomtid

- | | | | | | |
|----|-------------------|-------------|-------|--------|------|
| 1. | Thomas Hermansson | IFK Mora OK | 40:16 | | 0:00 |
| 2. | Elvira Buud | IFK Mora OK | 56:04 | +15:48 | 8:49 |

4,5 km - 4

(2 / 2)

Tid

Efter

Bomtid

- | | | | | | |
|----|-----------------|-------------|---------|--------|-------|
| 1. | Sara Kindlund | IFK Mora OK | 43:32 | | 0:00 |
| 2. | Matilda Jonsson | IFK Mora OK | 1:11:48 | +28:16 | 11:24 |

3,5 km - 1

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|-------------------|-------------|--------|--|------|
| 1. | Vendela Bratt | IFK Mora OK | 40:09 | | 2:34 |
| | Lars-erik Larsson | IFK Mora OK | Felst. | | |
| | Lisa Karlsson | IFK Mora OK | Felst. | | |

3,5 km - 2

(3 / 3)

Tid

Efter

Bomtid

- | | | | | | |
|----|---------------|-------------|---------|-------|------|
| 1. | Anki Pousette | IFK Mora OK | 1:19:09 | | 8:36 |
| 2. | Marie Rapp | IFK Mora OK | 1:20:01 | +0:52 | 7:09 |
| | Olle Eriksson | IFK Mora OK | Utg. | | |

3,5 km - 3

(4 / 4)

Tid

Efter

Bomtid

- | | | | | | |
|----|-----------------|-------------|-------|--------|------|
| 1. | Maria Bergkvist | IFK Mora OK | 38:49 | | 1:28 |
| 2. | Kane Andersson | IFK Mora OK | 49:28 | +10:39 | 7:03 |

3.	Anders Öberg	IFK Mora OK	49:59	+11:10	7:15
4.	Lena Henriksson	IFK Mora OK	1:26:07	+47:18	26:27

3,5 km - 4		(1 / 1)	Tid	Efter	Bomtid
1.	Tony Karlsson	IFK Mora OK	40:59		0:00

1,7 km - 1		(5 / 5)	Tid	Efter	Bomtid
1.	Tage Bratt	IFK Mora OK	25:18		6:50
2.	Kristian Csúcs	IFK Mora OK	31:12	+5:54	3:46
3.	Karl-Erik Andersson	IFK Mora OK	33:51	+8:33	5:22
4.	Martin Ryapolov	IFK Mora OK	39:01	+13:43	18:13
5.	Erik Csúcs	IFK Mora OK	51:17	+25:59	10:06

1,7 km - 2		(5 / 5)	Tid	Efter	Bomtid
1.	Alice Eggöy Markhester	IFK Mora OK	20:37		2:24
2.	Elin Wrahme	IFK Mora OK	30:49	+10:12	5:36
3.	Jonas Ålund	IFK Mora OK	31:41	+11:04	6:31
4.	Sofie Wuopio Kvarnström	IFK Mora OK	34:08	+13:31	5:55
5.	Mollie Sandberg	IFK Mora OK	52:28	+31:51	7:37